

Comparison of Alcohol and Drug Abuse in USA, Germany and Japan

Student's Name

Institutional Affiliations

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Introduction

Alcoholism or drug addiction is a problem that has affected many countries in the world. The number of people who are addicted to drugs has increased significantly as more get influenced into taking them. The youth are the people that are mostly affected by the issue of drug addiction and this has seen a majority of them end up not having a meaningful life. They drop out of school and engage in various social ills. This has created a problem for most societies as they have had to deal with the issue of violence and crime which is normally propagated by the drug users.

Comparison between USA, Germany and Japan

The use of drugs in the United States has increased greatly as a result of a number of factors. One such factor is the Low level of education which has been witnessed among the drug abusers. The low level of education makes them not being able to secure good jobs and thus they result in the use of drugs (Coolidge, 2020). Most of the states have legalized drugs such as marijuana and this has led to its abuse. The prescription of opioids to treat particular illnesses is also a factor that has increased the problem of drugs in the US. The religious groups in the US have had varied opinions in terms of the use of drugs. The government has also come up with awareness campaigns that are meant to educate the people on the dangers of the drugs.

In Germany, the issue of drug abuse has also increased in recent times. This can be attributed to the ignorance of the dangers of drug abuse. Most of the people and especially the youth consume drugs for fun without having knowledge of its dangers. The other issue is the level of education amongst the consumers of drugs. The recent statistics have shown that the

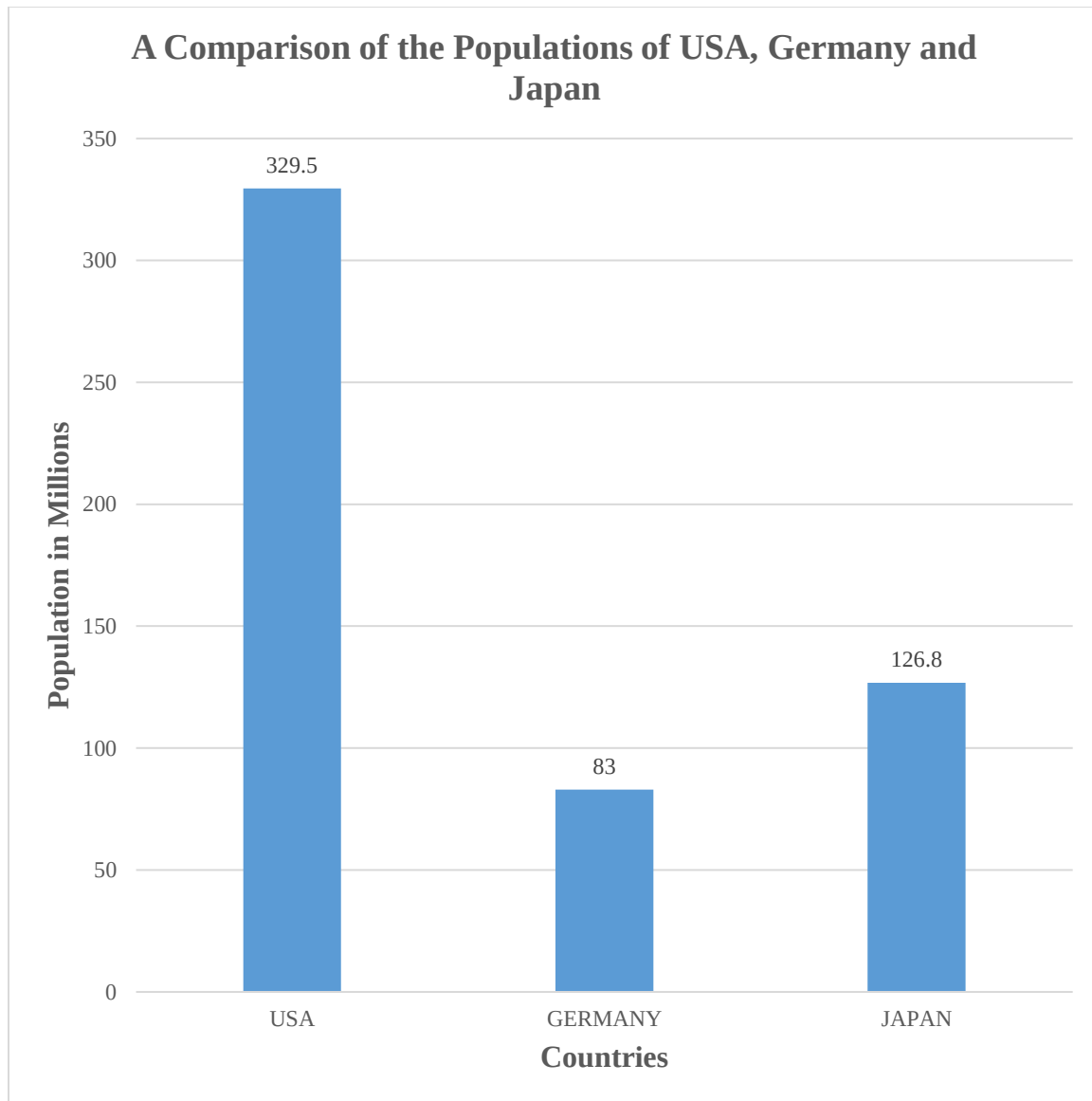
people who engage a lot in drug abuse are those with a low level of education as they are unable to have good jobs that they concentrate on in their life. They, therefore, turn to drugs as a means of reducing the stress levels that they have in regards to lacking unemployment (Power, 2019). The religious views is much like the united states as those in charge of religion advocate for and against the use of drugs. There are those that feel the drugs need to be utilized for good purpose while others criticize the use of drugs no matter the situation.

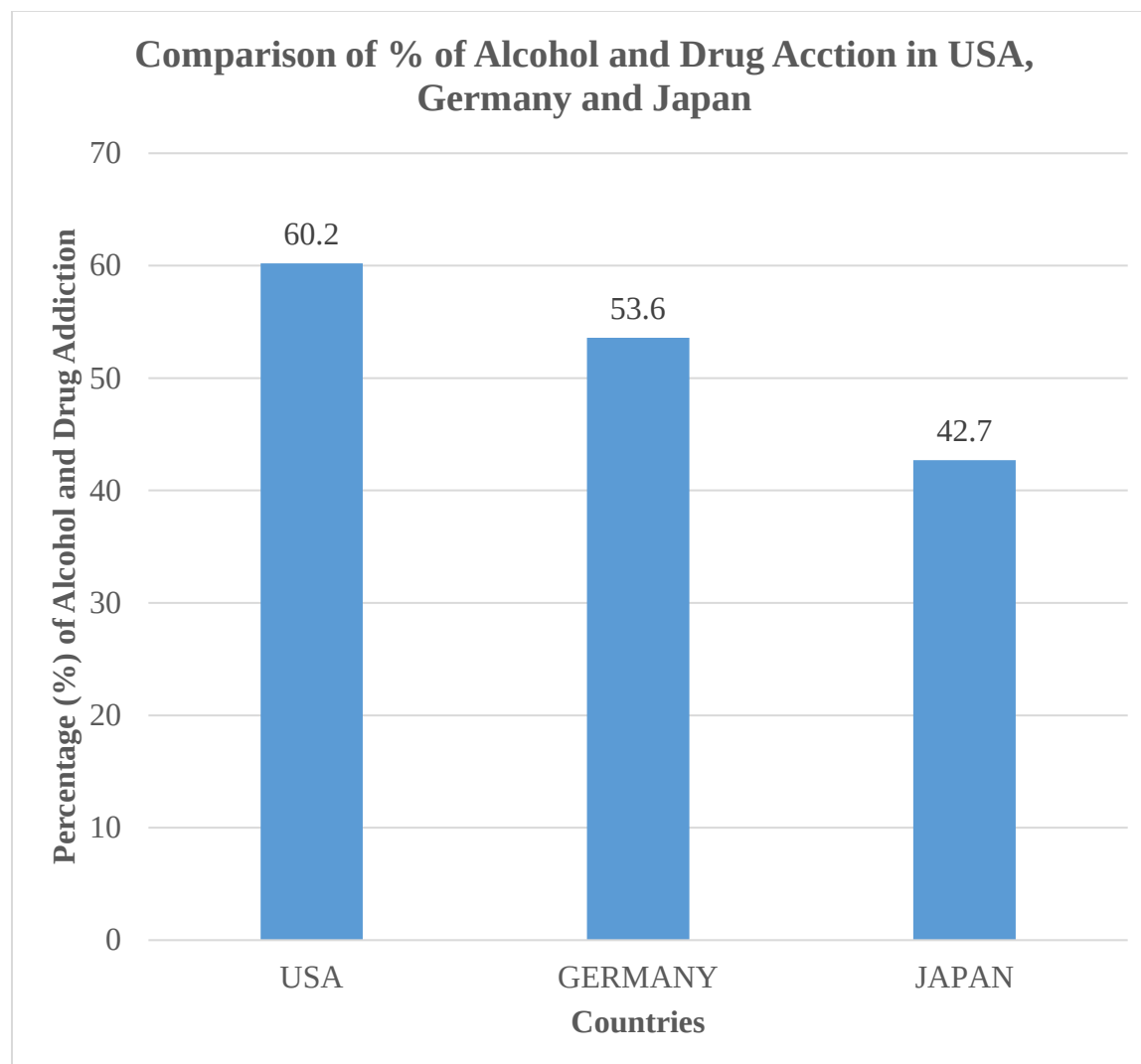
Japan has also had a high rate of drug abuse. This is due to the fact that their working hours are long and thus most people tend to use the drugs in order to function properly. They believe that the drugs will help them to remain focused over the long hours that they are working (Power, 2019). Another reason for the rise in drug abuse in Japan is due to it being used as stimulants. The use of stimulants in the country has grown more popular and the belief in their use has been entrenched in their culture. Most of the religious people are against the use of drugs in the country, although there are those that hold a different opinion though small in number. The government together with non-governmental organizations have organized campaigns that are meant to sensitize the people on the use of drugs in order to prevent them from suffering.

Conclusion

As a counsellor, I will organize seminars which I will use to teach the people on the dangers of drug abuse. The seminar will be used to show graphic images of people who have engaged in alcoholism for a long time and the effect it has had on them. This will create fear and thus may lead to them refraining from alcohol and drug abuse. To treat the vice, I will advise them to enroll in rehabilitation centers that will give them the opportunity to completely refrain and heal from drug addiction. They will also be encouraged to join social programs that will keep them away from the drugs. Isolation strategy will also help in helping the addicts to quit.

Comparison of Populations



Comparison of Percentage of Alcohol and Drug Addiction

References

Coolidge, F. L. (2020). *Statistics: A gentle introduction*. SAGE Publications, Incorporated.

Power, J. (2019). Drug abuse reaches new highs. *Plumbing Connection*, (Winter 2019), 12.